

# MAY IS SPEECH AND HEARING MONTH 2018

Help us **#communicateawareness!**

## HOW DOES IT WORK?

1. Think of a message you want to communicate. For example:
  - Do you want to raise awareness about a communication health issue?
  - Are you a communication health professional? What is a highlight of your profession?
  - What is your experience working with a speech-language pathologist, audiologist or communication health assistant?
2. Spread the word by posting your message, photo or video to Facebook, Twitter, or Instagram using **#communicateawareness**.
3. To spread the word, invite others to join the campaign. Tag 3 people or groups in your post and call on them to help spread the **#communicateawareness** message with the community.

4. For an added challenge...  
**Find a way to communicate your message – or complete a simple interaction, such as ordering coffee – without using your voice.**

You could use a communication board, use sign language, use written words and/or pictures, or a communication app/online resource to communicate your message. Feel free to include reactions to your challenge (difficulties you encountered, how it made you feel, how other people responded, etc).

*There are many different ways to communicate!*

## COMMUNICATION IS A BASIC HUMAN RIGHT

**ONE IN SIX** people in Canada has a speech, language or hearing disorder.



## What do Speech-Language Pathologists and Audiologists do?

Speech-language pathologists can help with speech, language and swallowing disorders and much more. Audiologists can help with hearing, balance disorders, auditory disorders like tinnitus (ringing the in ears) and much more.